

RC KINGDOM SDN BHD
TANARATA INTERNATIONAL SCHOOL
2024 MEAL PLAN PROGRAMME
MENU - SELECTION FORM
WEEK 4 (09/09/2024 – 13/09/2024)

MENU OPTION	MONDAY 09/09/2024	TUESDAY 10/09/2024	WEDNESDAY 11/09/2024	THURSDAY 12/09/2024	FRIDAY 13/09/2024
NON-VEGETARIAN	Chinese fried rice with egg, chicken and vegetables.	Fried Kuey Teow with egg, chicken and vegetables.	Chicken Rendang served with rice and vegetables	Nasi Tomato served with ayam masak merah and acar timun.	Sausage fried rice with egg and salad
VEGETARIAN	Chinese fried rice with tofu and vegetables.	Fried Kuey Teow with vegetables	Tofu rendang served with rice and vegetables	Nasi Tomato served with mock chicken masak merah and acar timun.	Vegetarian Fried rice with tofu and vegetables

Menu is subject to change accordingly to availability of ingredients
ALL FOOD SERVED IS NON-SPICY & MSG FREE