



# ACTIVITY PROGRAMME

## TERM I 2025-26

- **A few things to remember when selecting your activities:-**
- You are making a commitment, so choose carefully. Please honour that commitment throughout the term. If you know that you are unable to attend a session, please have the courtesy to inform your activity leader.
- All activities will commence sharp at 2.30 pm and shall finish by 3.30 pm unless otherwise mentioned by the coach.
- Ensure that you achieve a realistic balance between your studies and activities. Your studies must not suffer as a result of your extra-curricular involvement.
- Places are restricted for many activities. If an activity is oversubscribed, places will be allocated on a 'first come, first served' basis. You must register online for your chosen activity as soon as possible.
- Payment must be made via online transfer and the transaction slip should be e-mailed to the office by **4<sup>th</sup> September 2025**. For football, karate and taekwondo payment for the training gear and registration fee (where applicable) shall be paid directly to the coaches
- All activities will commence on the week beginning **8<sup>th</sup> September 2025**.

	ACTIVITY	DAYS	YEAR GROUP	EXTRA MISC EXPENSES	AMOUNT PAYABLE	VENUE	ACTIVITY LEADER/ COACH
1	FOOTBALL (Max 20 students)	Monday & Friday	Year 7 -11	New training jersey complete set RM 100.00	RM 160.00 per year	Football Field	Mr. Kumar Mr. Michael Ms. Devi (M) Ms.Farah (F)
2	COOKING & BAKING (Max 10 Students)	Monday	Year 4 and above	-	RM 100.00 per term	Pantry	Ms. Faezah
3	BADMINTON (Max 20 Students)	Monday(S) Wednesday(P) 2.15pm-3.45pm	Year 3 and above	-	RM150.00 per term	MPH	Mr. Choong Mr. Tamil (M) Ms. Yamini (W)
4	SWIMMING (Max 10 Students)	Monday	Year 2 – 6	-	RM 100.00 per term	Swimming Pool	Ms. Eleonie Ms. Kartina
5	COMIC CLUB (Max 25 Students)	Monday	Year 4 - 11	-	RM160.00 per term	TBA	Mr. Fakhrul Ms. Yeoh
6	SPEECH & DRAMA	Tuesday	Year 1 - 6	-	RM100 Per term	AV Room	Ms. Lorna Ms. Deepa Ms. Maureen

7	PICKLEBALL	Tuesday	Selected Players only	-	TBA	MPH	Ms. Anne
8	CHEERLEADING	Tuesday 2.15pm – 3.45pm	All year group	-	RM 250.00 per term	Basketball court	Mr. Ben Ms. Karisma
9	TANARATA SPARK CLUB (Max 25 Students)	Tuesday	Year 6 - 11	-	RM50.00 per term	Mezzanine Floor	Ms. Inba Ms. Latha
10	AEROBICS (Max 20 Students)	Wednesday	Year 1 - 6	-	RM100 Per term	Dance room	Mr. Shafiq Ms. Jasmin
11	KAYAKING (Max 12 Students)	Wednesday	Year 5 – 10	-	RM 160.00 per term	TiS Pond	Mr. Shazwan Ms. Seema
12	FINE ARTS CLUB	Wednesday	Year 7 - 11	-	RM 150.00 per term	Art Room	Ms. Feeda
13	DEBATE & MUN	Wednesday	Year 7 - 11	-	RM80.00 per term	Mezzanine Floor	TBA Ms. Kamalini

14	<b>FOOTBALL</b> (Max 20 Students)	<b>Thursday</b>	Year 3 - 6	New training jersey complete set RM 100.00	RM 90.00 per term	Football Field	<b>Mr. Shaffiq</b> <b>Mr. Yannick</b>
15	<b>INDIAN CLASSICAL DANCE</b> (Max 10 Students)	<b>Thursday</b>	Year 1 - 6	-	RM 300.00 per term	Dance room	<b>Ms. Neeta</b> <b>Ms. Sakun</b>
16	<b>VOLLEYBALL</b>	<b>Thursday</b>	Year 6 and above	-	RM 120.00 per term	Basketball Court	<b>Mr. Raffiq</b> <b>Ms. Hanim</b>
17	<b>TABLE TENNIS</b>	<b>Thursday</b>	Year 1 and above	-	RM 120.00 per term	MPH	<b>Mr. Low</b> <b>Ms. Ana</b>
18	<b>KARATE</b>	<b>Thursday</b>	Year 1 and above	-	RM 140.00 per term	MPH	<b>Mr. Puvan</b> <b>Ms. Mousumi</b>
19	<b>TAEKWONDO</b>	<b>Friday</b> 2.15pm – 3.45pm	Year 3 and above	Registration Fee RM 50.00 Uniform RM 120.00 ( for new students only)	RM 150.00 per term	MPH	<b>Mr. Jude</b> <b>Ms. Norazlin</b>
20	<b>CHESS</b>	<b>Friday</b>	Year 3 and above	Cost of guide book TBA	RM 200.00 per term	Year 6A Classroom	<b>Mr. Avinash</b> <b>Ms. Noran</b>
21	<b>BASKETBALL</b>	<b>Friday</b>	Year 5 and above	-	RM 130.00 per term	Basketball Court	<b>Ms JC</b> <b>Ms. Adrienne</b>

22	GUITAR / BASS	TBA by Ms. Elaine	Minimum 2 students	Cost of Guitar/ Electric Guitar/ E. Bass	RM 450 .00 per term	Studio 2	Mr. Esmond Goh
23	DRUMS	TBA by Ms. Elaine	Minimum 2 students	Drumsticks	RM 450 .00 per term	Studio 1	Mr. Esmond Goh
24	PIANO / KEYBOARD	TBA by Ms. Elaine	Minimum 2 students	-	RM 450 .00 per term	Studio 3	Ms. Lisa
25	VOCAL	TBA by Ms. Elaine	Minimum 2 students	-	RM450 .00 per term	Studio 3	Ms. Lisa